



Corporate Physiotherapy

**ergonomic , wellness sessions
and camp/consultations**



- **Healthy Employees, Productive Workplace**

About

Manant physiotherapy clinic



Dr. Anuja Reddy founder of Manant Physiotherapy & rehabilitation Clinic is recognized as one of the best physiotherapy practices in Pune. We are dedicated to providing comprehensive and personalized care to individuals suffering from various physical ailments. With a focus on postural ergonomics, women's health, sports and advanced therapeutic techniques, Dr. Anuja Reddy and her team offer expert treatment to help patients achieve optimal health and well-being.



Our Vision

To empower every individual to live a pain-free, active, and healthy life by making physiotherapy and wellness accessible, effective, and





Why employee Wellness matters



- 1 in 3 corporate employees suffer from neck pain
- Long sitting hours → poor posture → musculoskeletal issues
- Stress & sedentary lifestyle → low productivity
- Absenteeism due to lifestyle-related pain/illness





LOW BACK PAIN



MANANT
PHYSIOTHERAPY CLINIC



Types of physiotherapy Services Provided

Posture, ergonomics, fitness tips /desk stretches, stress management, injury prevention/customised guidance and rehab plans



Physiotherapy camps



**One on one
consultation/diagnosis**



**Awareness sessions and
workshops**



Camp Featured Facilities

-  Posture analysis
-  **Desk ergonomic correction**
-  **Group mobility and stretches**
-  **One on one consultation**



Contact

benefits for employees

- Relief from back, neck & shoulder pain
- Better posture & mobility
- Improved energy & focus
- Prevent injuries & chronic problems
- Personalized consultations





Benefits For organisation



- Higher productivity & efficiency
- Reduced sick leaves & absenteeism
- Boosted morale & job satisfaction



- Healthier, happier workplace culture
- Long-term cost savings on healthcare





Past work



Injury prevention session



Women's health session

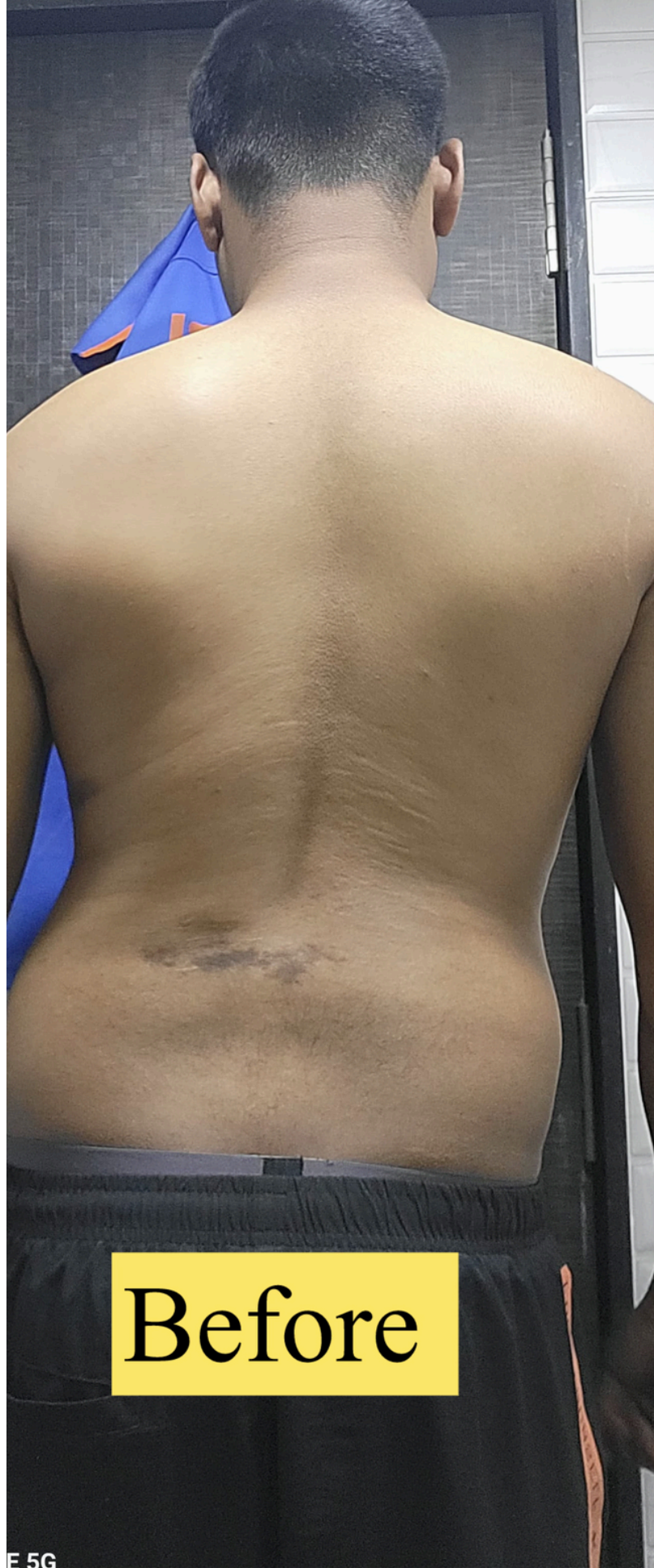


Ergonomic sessions



Why choose us

- **Expert physiotherapists with corporate experience**
- **Holistic approach: physical + mental wellbeing**
- **Flexible packages for small & large companies**
- **Trusted clinic in Pune – Manant Physiotherapy Clinic**





MULTIFIT
MULTI INDIA | UAE

CELEBRATING WOMANHOOD
WITH MULTIFIT





Thank you

- **Let's create a healthier workplace together!**



9403578201



Manantphysiotherapy@gmail.com



**Gagan avensia , grant road ,
kharadi , pune**

